

Consent to Treatment Form

I, _____ consent to Chinese medical treatment by Bethany M. Leddy. I understand that Chinese Medical treatments involve the use of acupuncture needles, moxa heat therapy, and/or herbal medicines. I understand that I have the right to refuse any treatment at any time and to discontinue treatment whenever I wish.

All information discussed during your treatment is privileged and confidential. I do consent to the release of my medical information to my insurance company or to other Doctors I am seeing regarding my condition. I also consent to the anonymous use of my data for research purposes.

I also understand that it is important to regularly consult my physician regarding my condition and for routine physicals.

Payment is expected at the time of visit in the form of cash, check or credit card. Our office only bills insurance companies with prior authorization where the deductible has been met. I can also provide you with an insurance reimbursement form to assist you in filling out insurance claim forms. The link to verify insurance is contained in your welcome email and also on the website. Because of the reimbursement policies of Blue cross blue shield we do not bill BCBS directly. This office makes no guarantees or claims that insurance will reimburse the patient for treatments.

I agree to give 48 hours notice before cancellation or change of an appointment. If I fail to give 48 hours' notice before cancellation, I agree to pay the full amount of the missed or canceled appointment.

I also certify that I do not have any known Covid-19 symptoms, do not currently have a positive Covid-19 diagnosis, and have not had close contact with anyone recently diagnosed with Covid-19. Covid-19 symptoms include but are not limited to: fever, chills, severe headache, loss of taste or smell, cough, chest pain, shortness of breath, stomach pain, nausea, vomiting, or diarrhea. I must respond to the Covid-19 prescreening email prior to each visit to certify that I do not have Covid-19 symptoms. During this time of Covid-19 any suspected viral or bacterial illness is considered Covid-19 until a negative PCR Covid-19 test is given. The 48 hour cancellation policy is waived if Covid-19 symptoms are present.

Signature _____ Date _____

Fee Schedule

Initial Visit 1 1/2-2 hours \$160.00

Follow-up visit 45min-1hour \$130.00

Contact Information

Name: _____ Date of Birth: ___/___/_____

Phone: cell: _____ work/home: _____

Address: _____

Email address: _____

Insurance Information:

Employer: _____ Employer Address: _____

Insurance Carrier: _____ Name Of Insured: _____

Policy Number: _____ Member/group#: _____

Name _____

Past Medical History (include date)

_____ Cancer _____ type of cancer _____ Diabetes _____ High blood pressure
_____ Heart Disease

_____ High Cholesterol _____ Rheumatic Fever _____ Hepatitis _____ Thyroid
disease(____ hypo ____ hyper) Seizures _____ Stroke _____ TIA _____

Trauma (include dates)(Auto, biking, skiing, accidents, falls)

Surgeries (include dates)

Your Birth History (prolonged labor, forceps, C-section)

Please list all medications and supplements, include brands and dosages:

Exercise routine and how often:

Family Medical History: Father: _____ age _____ Alive _____ deceased
cause: _____

Mother: _____ age _____ Alive _____ deceased cause: _____

Siblings: _____ age _____ Alive _____ deceased cause: _____

_____ age _____ Alive _____ deceased cause: _____

_____ age _____ Alive _____ deceased Cause: _____

Personal Habits: _____ Cigarettes _____ Coffee _____ Tea _____ Soda _____ Alcohol
_____ THC products _____ Drug Use _____ Sugar

Temperature Preferences:

Generally I feel _____ always cold _____ cool _____ comfortable _____ warm _____ hot
area of the body that feels hot or cold:

I prefer _____ spring _____ summer _____ fall _____ winter My preferred weather temperature is
: _____

I dislike _____ weather.

I dislike humidity _____ Humidity makes me feel heavy and lethargic _____

I dislike the wind _____

Sweat:

My perspiration is _____ only with exercise _____ when I am nervous _____ more than other people _____ constant _____ sweaty hands _____ sweaty head _____ when I sleep _____ if I get stressed

Energy:

My energy level on a 1-10 scale (10): _____ I am a high _____ medium _____ or low _____ energy person.

My energy level has changed recently (increased or decreased) _____

I have the most energy at _____ time of day.

I have the least energy at _____ time of day.

My energy drops suddenly at _____ time of day.

My energy fluctuates through out the day _____

I feel fatigued _____

Sleep:

amount of sleep per night: _____ time to bed: _____ time awake: _____

rested when wake up: _____ difficulty to fall asleep: _____ wake in night: _____

time awake in the night _____ fall back asleep at _____ time

difficulty to fall back asleep: _____

excessive dreams: _____ disturbing dreams: _____ Repeating Dreams: _____

vivid dreams: _____ wake up startled _____ needs more sleep _____

Nutrition and appetite:

I am/can _____ hungry frequently _____ can go all day without eating _____ often skip meals _____ which meals _____ have a loss of appetite _____ have an increase of appetite _____ no interest in food _____ food is my life

I feel better after I eat _____ I feel worse after I eat _____

I get hangry/emotional without eating _____

I experience blood sugar fluctuations (dizziness, weakness, headaches, slight sweating, sudden temperature change hot or cold) if I haven't eaten in a long time. _____

I have diabetes _____ type _____

My A1C is _____

I have an eating disorder or have struggled with an eating disorder in the past. _____ anorexia. _____ bulimia _____ over-eating _____ binge eating _____ food control

I experience bloating after eating or several hours after eating. _____ How often?

I experience gas _____ How often?

I experience bloating _____ abdominal cramps _____ abdominal pain _____ sensitive abdomen _____

bad breath _____ abdominal distention _____ the sensation that I am larger than I am _____

I find the following foods hard to digest _____

I belch after eating _____

I experience acid reflux _____ How often? _____

The following foods trigger acid reflux: _____

I eat breakfast _____ lunch _____ dinner _____ I eat at regular or irregular times:

The first time I eat or drink is _____ time

I generally have _____

The next time I eat is _____ time

I generally have _____

The next time I eat is _____ time

I generally have _____

The next time I eat is _____ time

I generally have _____

The last time I eat for the day is _____ time

I generally have _____

I prefer the flavor of sweet _____ Salty _____ Spicy _____ Sour _____ Bitter _____ Neutral/bland _____

My favorite food/meal is: _____

The worst thing in my diet is:

I do not eat the following foods and why:_____

Food allergies:_____

Elimination

I have constipation or difficult to pass stool

_____ times per week

I have diarrhea or very soft stools

_____ times per week

My stools alternate between diarrhea and constipation _____

My stools alternate between soft and hard _____

My stools are like: pebbles _____ long tubes _____ fluffy pieces _____ completely unformed _____

I have blood in my stool _____ black tarry stools _____ hemorrhoids: _____

I am thirsty _____

I drink _____ ounces of water per day

I drink the following other fluids including alcohol: _____

_____ frequency

I have to urinate frequently _____ My urination equals what I drink _____

I can go a long time without urinating _____ I wake to urinate _____ how often _____

My urination is _____ incomplete _____ weak stream _____ dribbling _____ difficult to initiate _____ incontinent _____ leakage _____ urgent

I have had or have a family history of kidney stones _____

I have had a urinary tract infection _____ number of times

I take urinary supplements such as cranberry or probiotics _____

Respiratory/ Immune system (Lung)

I get sick easily _____
with _____

I never get sick _____

Then last time I was sick was _____ with

I have or have had sinus problems _____ asthma _____ weak voice _____
pneumonia _____ bronchitis _____ lung cancer _____ production of phlegm _____ post nasal
drip _____ tight chest _____ difficulty breathing lying down _____ loss of taste or smell _____

frequent or chronic cough _____ dry cough _____ wet cough _____ fever _____ chills _____
body aches _____

frequent antibiotic use: _____ which antibiotic _____
when taken _____

I have had (check mark) or been vaccinated (write a V) against _____ mononucleosis _____ Epstein-
Barr-virus _____ measles _____ chicken pox _____ shingles _____ mumps _____ polio
_____ meningitis

_____ malaria _____ tetanus _____ pertussis _____ influenza

I am allergic to:

I get my allergies in: _____ Spring _____ Summer _____ Fall _____ Winter

My Allergy symptoms are: _____ runny nose _____ stuffy nose _____ sneezing _____ watery
eyes _____ red eyes _____ itchy eyes _____ itchy skin _____ hives _____

stomach discomfort _____ itchy mouth _____ swollen mouth _____ swollen tongue _____

dry mouth _____

Dermatology:

I have _____ eczema _____ psoriasis _____ dry skin _____ oily skin _____ combination skin _____ pimples _____

cystic acne _____ itchy skin _____ rashes _____ dandruff _____ hair loss _____ alopecia _____

brittle hair _____ dry hair _____ oily hair _____ weak nails _____ strong nails _____ unusual ridges in nails _____

Cardiovascular (Heart):

palpitations _____ anxiety _____ insomnia _____ shortness of breath _____ chest pain _____ fainting or LOC _____ facial color: _____

high blood pressure _____ low blood pressure _____ dizziness _____ irregular heart beat _____ mitral valve prolapse _____ blood clots _____

clotting disorder _____ swelling in hands _____ swelling in feet _____ both or _____

one foot _____ phlebitis _____ difficulty breathing _____

Musculoskeletal:

I have the following injuries:

neck pain _____ shoulder pain _____ Midback pain _____ lumbar pain _____

pain in hips and gluts _____ pelvic pain _____ knee pain _____

ankle pain _____ elbow pain _____ wrist pain _____ carpal tunnels syndrome _____ tendon or connective tissue disorder _____

fibromyalgia _____ knee weakness _____ numbness _____ where _____ tingling _____ where _____

arthritis _____ where: _____ Rheumatoid _____ or Osteo _____

My pain level is a 1-10 (10 is high) _____

where _____

My pain is better with ice _____ heat _____ rest _____ elevation _____

Movement _____ stretching _____ exercise _____

My pain is worse when I:

Head, Eyes, Ears, Nose, Throat:

dizziness _____ concussions _____ migraines _____ glasses _____ contact lenses _____
near sighted _____ far sighted _____ eye strain _____

eye pain _____ poor vision _____ night blindness _____ cataracts _____

macular degeneration _____ detached retina _____ color blindness _____

blurry vision _____ floaters _____ earaches _____ itchy ears _____ ringing in ears _____
pitch high _____ low _____

loss of hearing _____ poor hearing _____ history of frequent ear infections _____

tubes in ears _____ nose bleeds _____ mucus _____ dry throat _____ sore throat _____
sensation of something stuck in throat _____ dry mouth _____ copious saliva _____

teeth problems _____ Loss of teeth _____ gum bleeding _____ sores in mouth _____

sores outside of mouth or lips gum recession _____ jaw clicks _____ TMJ _____

jaw pain _____ grinding teeth _____ recurrent sore throats _____

Headache _____ how frequently _____ where temporal _____
frontal _____ behind eyes _____ back of head _____

Menstrual: If you are trying to conceive or undergoing treatment for IUI or IVF please request the
separate fertility intake

Menstrual Cycle: amount of flow _____ color of flow _____

clots during cycle _____ pain/cramps during cycle _____ where _____ dull or sharp
pain _____ age at first menses _____ date of menopause _____ first day of last menstrual
cycle _____

Regularity of cycle _____ days of cycle _____

Discharge _____ Birth control history type and
duration: _____

PMS /changes before/during cycle: __ fatigue __ breast tenderness __ irritable __ weepy __ anxious
__ bloating __ trouble falling asleep __ waking in the night __ mood fluctuations
__ more energy

fibroids _____ polyps _____ ovarian cysts _____ endometriosis _____

vaginal discharge _____ vaginal sores _____

history of STDs: _____

HIV/AIDS _____

_____ Number of Pregnancies _____ Births _____ vaginal _____ cesarian _____

premature births _____ miscarriages _____ terminations

uterine prolapse _____

Neuro psychological:

Depression _____ past or current _____ anxiety _____ past or current _____
thoughts of suicide _____

attempted suicide _____ bi-polar disorder _____ type _____

obsessive compulsive disorder _____ schizophrenia _____ depression _____
vertigo _____

high stress _____ Cause of
stress _____

anger easily _____ bad temper _____ easily stressed _____ poor memory _____
forgetfulness _____ worry a lot _____ obsessive thoughts _____ over
thinking _____ difficulty concentrating _____ ADD _____ ADHD _____

currently undergoing psychological therapy _____

type of therapy _____

Name of
Therapist: _____

currently undergoing psychiatric treatment

Name of Psychiatrist:

Psychiatric Medication include dosage and
frequency _____

Anything else you would like to share: